



Speak Up, Epping! Newsletter

Volume 10, Issue 2

Epping, New Hampshire

March-April, 2017

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

Remember to Vote on March 14th

Remember to vote on **Tuesday, March 14th**. Polls are open 8:00 am to 7:00 pm in the Middle School Gym. Any resident of Epping who is 18 years of age and older can vote in an election as long as that resident is registered to vote. An Epping resident who has not yet registered can register at the polls on Election Day. All voters should bring an I.D. when they go to vote. Voters without an I.D. can still vote but it takes longer as they will have to fill out extra paperwork.

The following candidates have registered for Town and School offices:

TOWN CANDIDATES:

ZONING BOARD OF ADJUSTMENT – 3 years

Vote for not more than 1

Charlie Goodspeed

BUDGET COMMITTEE - 3 years

Steve Ozols

Jacklyn Ulban

BUDGET COMMITTEE – 1 year

Vote for not more than 1

Jen Chapman

Marc Nickerson

CEMETERY TRUSTEE - 3 years

Vote for not more than 1

Jerry Langdon

LIBRARY TRUSTEE - 3 years

Vote for not more than 1

Lara Croft Berry

Jerry Marceau

PLANNING BOARD - 3 years

Vote for not more than 1

Susan V. McGeough

SELECTMEN - 3 years

Vote for not more than 1

Michael Yergeau

SELECTMEN – 1 year

Vote for not more than 1

Adam Munguia

TOWN TREASURER– 3 years

Vote for not more than 1

Melinda Stanley

TRUST FUND TRUSTEE – 3 years

Vote for not more than 1

(No candidate - write-in)

WATER & SEWER COMMISSION – 3 years

Vote for not more than 1

Roxanna Chomas

Bob Bean

Henry DeBoer

SCHOOL CANDIDATES:

SCHOOL BOARD MEMBER – 3 years

Vote for not more than 2

Nicole Carleton

David Mylott

Robin A. O'Day

Brian G. Reed

SCHOOL DISTRICT CLERK – 3 years

Vote for not more than 1

Joyce A. Blanchard

SCHOOL DISTRICT TREASURER – 3 years

Vote for not more than 1

Melinda Stanley

SCHOOL DISTRICT MODERATOR – 3 years

Vote for not more than 1

Ryan Boccelli

Katherine Cooper

End 68 Hours of Hunger in Epping

End 68 Hours of Hunger Epping is currently feeding 40 Epping students a weekend. We would like to thank the Epping Elementary teachers for donating \$650 from the Jean Friday fundraiser. The Epping Middle and High school had a great food drive for us that filled bags for weeks! Greg and Jane's Beer and Wine donated \$300 from a raffle to our program. We would also like to thank the countless people that drop bags of food off at the town library in our drop box. These monthly food donations keep our shopping list low!

Our program would not successfully run without our four packing teams. However we are still in need of volunteers to help with donated food inventory, restocking our shelves after food shopping, getting our recycling to the transfer station, and organizing local community food drop boxes. Right now our two program coordinators complete all those tasks and would love some more help!

Reach out to us for more information at Eppingnh@end68hoursofhunger.org

Karen Poplaski and Shannon Garwich, Coordinators

Senior Moments

From now on, we seniors will use our abbreviated logo (E.W.A.S.C.C) to help shorten our message. Didn't work this time though.

Well, that 15" snowfall botched our February 8th meeting with Town Administrator Greg Dodge. We still have five days to review the Town Warrant before we vote. Actually four days. One day to change our minds.

Has anyone been to the Seaglass Restaurant in Salisbury, MA? We're going in March when the tide is high. That's important because we'll be sitting by the huge windows enjoying our lunch while watching the ocean rushing beneath us. We'll give you our thumbs Up or thumbs Down next issue.

Third strike and you're out - right? Well, we

struck out with a Valentine party with the Rec kids. More snow. The gifts are still in the closet, the cookies still wrapped in foil and ice cream still in the freezer. But, just like "tomorrow", it's coming.

Back to school for some of us. We're excited about attending the Shop Class at the Middle School on weekends to work with the tools (under supervision) and produce some amazing results. If our kids are lucky, they'll be getting original ornaments for Christmas this year. More new keepsakes.

Our second report of the LLC (Ladies Lunch Club). What a day. There were 15 of us ladies. Scrap the idea of an intimate lunch but it sure was fun. The food was good and the company great. Next time I'll bring a tape recorder. Scary, huh? The Yard Restaurant in Manchester gave us sticker shock when we saw the prices so low and it wasn't even "Senior Day".

Upcoming trips will include the indoor shooting range at Sig Sauer in Epping, a culinary school where we'll sample home cooking by young chefs, a few museums and much more. Up goes a "phone tree" that will help notify members of cancellations that seem to be our norm these days.

We were fortunate to receive several cases of food donated for End 68 Hours of Hunger. Those, with our individual donations raised the bar pretty high last month.

The Epping Garden Club will help us with new ideas and tips for the new season. Our flower beds seem to get lower and lower each year, so "easy" is our shared goal.

A recent warning struck home for many for us. It appears a telephone call that starts with "can you hear me?" is a scam. Saying "yes" is being recorded and can be used for illegal purposes. Some of the seniors just hang up, but I just say "Whatcha say? She hangs up.

Mr. David Shikes, humorist, will entertain us at our April meeting. What better way to bring in Springwith laughter.

Those great grandkids know how to test us oldies. One smarty asked his granddad "if Webster wrote the first dictionary, where did he get the words?" Answer: "ask your grandmother, she uses them all."

Submitted by Irene R. Cote, Secretary

News From the Town

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.

March 14th—Town voting in EMS gym—8am -7 pm
Please "LIKE" the Epping Town Hall on Facebook.

In and Around Epping

The Master Plan Survey is going on right now.

Here is the link to the survey:

<https://www.surveymonkey.com/r/J7T5DGK>.

The link is also available on the home page of the Town website. All Epping residents are encouraged to respond to the survey.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org.



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club

<https://www.facebook.com/EppingsLionsClub>

www.epping.nhlions.org

The Epping Lions Club was chartered in April 2009. We support sight programs and services including vision screenings, eyeglass recycling, and provide assistance to local families in need of eyeglasses. We also support community programs

and participate in some exciting events. Our December gas card raffle was a huge success, and our Lions club was able to purchase \$1200 in Marshall's gift cards for local families. In addition, we are currently doing another round of Vision testing at the Epping schools. This year 391 kids have been vision-screened so far!

Our next event will be the Lamprey River Canoe Race on **Saturday, April 22th**. This will be the 40th year of the canoe race, and we have exciting things planned, including a new commemorative T-shirt. Registration forms will be available online at our website and at the Town Hall. Prizes are awarded for the fastest times and costumes are encouraged. Come on out for a fun family day!

We are always looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit: www.epping.nhlions.org or our Facebook page at facebook.com/EppingsLionsClub. Meeting times are generally the 4th Tuesday of the month at 6:30 pm at the Harvey Mitchell Memorial Library in Epping. We'd love to see you!

Colleen Palmer, President

colleenmariepalmer@hotmail.com

Cheryl Denoncour, Treasurer

cdenoncour@gmail.com

Deb Brooks, Eyeglass Collector

lexusreina@comcast.net



TALES FROM EPPING'S PAST

Indian Massacre in Epping!

Before 1741, when we were separated from Exeter and named Epping by Gov. Benning Wentworth, we were called "Tuckaway," and were an ancestral home to Native Americans and a new home to an increasing number of white settlers from England.

At first the settlers and Natives got along to mutual advantage. But in time the Natives found their lives so changed by the newcomers' laws and the steady taking of their lands, that they became desperate to regain their losses. They started attacking their former friends in the same savage way they fought each other. By the early 1700's we were in full and bloody warfare during which an estimated ten percent of New Hampshire men were killed by Indian raiders in one year. The fearful

settlers carried guns everywhere for protection.

Three hundred summers ago near Hedding Campground, an Indian attack occurred which forever marked our history and gave the Natives some closure in theirs. Their target was Col. Winthrop Hilton, a brave daring soldier, adventurer and famous Indian fighter described as “tall, muscular” and “of the black eyes and bright gun.” Before the Indian uprising he had been very friendly with them, trading for furs, earning their trust, learning their language, customs and ways until he could coolly “out-Indian any Indian.”

Then, during the Indian Wars, he led several expeditions against them from New Hampshire to Nova Scotia and ultimately became a famous bounty hunter, paid for the scalp of every Native he took down. They had long decided he had to go. One rainy summer day, the Indians silently waited and watched as the object of their fury worked in the woods with seventeen others, including his brother Dudley, cleaning up trees slated for England’s shipbuilding and masts. The ambush was sudden and swift for they knew better than to give the man time or opportunity to outwit them yet again. Hilton and two of his men were quickly shot and killed. Dudley, taken captive, was never heard of again. Without having fired a shot, the others ran back to Exeter village, sounded the alarm and returned with a rescue party to view a scene of massacre. The remains of one man were buried where he was found and he still lies in an unmarked grave somewhere deep in our woods. Hilton’s body, found with a tomahawk in his brain and a lance through his heart, was solemnly carried to his home in the present town of Newfields, close to the Epping line, and buried near the Lamprey River with great sorrow and full military honors. The gravestone that marks his resting place remains the most ancient and one of the most beautiful to be found in that town.

Six months after his murder, Hilton’s wife Anne gave birth to their son and named him after his father. Seven years later, in 1717 and remarried, she put up for sale a “house, barn and a considerable quantity of land and marsh, being the home of the late Col. Winthrop Hilton.”

This column is affectionately dedicated to the memory of Richard “Buster” Sanborn, mentor to many enthusiastic Epping historians and truest and most encouraging of friends.

This was originally the first in a historical series for this newsletter, reprinted from the September-October, 2010 issue.
Text/Research: Madelyn Williamson.

Epping Historical Society

Only 20 days till spring!! Although we have had a mild winter, for the last two weeks the weather has been a challenge. It seemed like every Monday and Tuesday we were closed due to weather. So now we get to play “catch up” with archiving our collections. A couple of our volunteers are feeling a little under the weather, but they will return as their health allows. If you are interested in volunteering, contact us at the Society. There is always something to do. Our bucket list seems to get bigger, not smaller.

My interest in Epping history was inspired by my love of old cemeteries. I can never pass an old cemetery without stopping to see who is resting there. In 1970, Joy Canales and I started listing the names and information on the gravestones in many of our abandoned cemeteries. Last year, all the cemetery information we have at the Epping Historical Society was compiled and printed in one book. Now I am in the process of indexing all the names. This is a labor of love for the Society. Come by and visit and browse through our collections.

Do you need a special gift for someone who may be getting married or may have moved away? We still have cookbooks for sale for only \$10.00 and you will recognize many of the contributors. This is a unique gift and you will be sharing memories with a loved one. Do you have friends and family that have moved from our wonderful town? Send them a copy of Cory Blanchard’s book, “Images of Epping.” It is only \$22.00 and will bring a million dollars’ worth of memories. Books are available at the society or at the Town Hall.

Water and Wells

In all towns, when people moved in they built barns and houses. Shelters or barns came first and the people slept with the animals until their shelter was ready. Clearing the fields and planting of crops could not be done without animals. Of course water was of the upmost importance. They dug wells, usually near the house or barn where the animal and human waste was generated. Of course the water was soon contaminated, and folks became ill. Was it any wonder that adults and children drank beer instead of water?

The first town water system supplied the houses in the center of town, along Main Street to the Depot. The water was taken from the river and the pump and tank were located in the rear of the Town Hall. This line was laid in 1905, from the river to the newly constructed water tank at the Box Shop at the Depot (near where Pam’s Restaurant is now

located), to be stored and used in case of a fire. The people along the route were to be allowed to tap into the water line if they chose. The State of NH got into the act and insisted the town find a new water supply. A circle of wells was drilled in a pasture on the north bank of the river and a water tank was built on the other side of the river next to Prospect cemetery. The lane to the wells was located off Prescott Road, opposite the John Hoar house. A rough road was made from the end of the lane to the riverbank, in order to haul in the pipe, lumber, bricks, pump and other supplies. When the new wells became operational, Mr. Archibald, who lived in the house at the end of the lane, was hired to check the pump and wells every day. The town plowed the lane as far as the house, but you had to walk down to the river. When Mr. Archibald died, Mel Becker, a one-legged man took over the job. He decided it was too far to walk through the snow with his crutches, so he went in by the water tank on the other side of the river. Now he had the problem of crossing the river to access the pump house. He was a welder and mechanic, so he constructed a cable car to get him across the river. My father, Jack Thurston, maintained the pump house in 1945 and 1946. As a child I would go with him, and spent my time crossing the river, back and forth in the cable car. Kind of brave for a seven year old girl! As time went on, the wells started giving out and a new source of water was needed. Water was found near the junction of Martin Road and Fremont Road early in 1947. A well and pump house were installed on the south side of the road. A pipeline was installed down Railroad Avenue to Main Street. Twenty-five years later, new wells were drilled on the opposite side of the road and piped to the pump house. Epping has quite a history of obtaining water for the residents of our town.

This research material came from the Don Sanborn collection at the Epping Historical Society. We are forever grateful to Don and Buster Sanborn for all of their many years of collecting Epping history.

We are open Monday mornings from 8:00 to 12:00, or when the flag is flying! Call for an appointment if this is not convenient for you. Call: 679-2944 or e-mail: joysgarden@hotmail.com.

Submitted by Joy True, curator

Nature Talks

Your Conservation Commission is actively committed to Epping trails. That includes managing those we have, as well as building new ones. Sarah Brennan has taken the lead for posting existing

trails on www.TrailFinder.info. Trail Finder is administered by the Upper Valley Trail Alliance with support from the Vermont Forests, Parks and Recreation Agency, UNH Cooperative Extension and the National Park Service. The ConComm is grateful for their support – they have been very helpful in helping get our trails into the system.

We hope you will take a moment to check out the website; right now the Fox Run trail is loaded and the Southeast Land Trust has loaded some trails as well. In addition to trails in Epping, you can see trails in the rest of NH and VT. Not only are all the trail maps located in one place, but you can view trail lengths, uses (snowmobiling, biking, walking, etc.), viewpoints, photos, geocaches and more. New trails throughout NH are being added to the website regularly. We hope this trail project encourages people to get outdoors and enjoy the fruits of conservation.

Along with getting trail information out to the people, the ConComm is also interested in organizing a program to help maintain the trails. Pat VanWagoner did a lot of research into trail adoption programs. We consider a program like this to be a great way to maintain our trails, as well as getting more people involved in conservation.

Please let us know of any trails you'd like to see on Trail Finder. This is surely a team effort and all feedback is welcomed. If you know of any trails that should be seen in Trail Finder or you would like to help with this effort, please put a note in the ConComm mailbox at Town Hall.

Lastly, as we go to print there is an opening on the Commission. If you are interested in helping us get people outdoors, reviewing wetlands permits and connecting with the community, check us out at eppingconcomm.org and leave us a note at Town Hall.

Submitted by Sandy Goodspeed, guest contributor

The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire's welcomes anyone with an interest in the American Civil War who

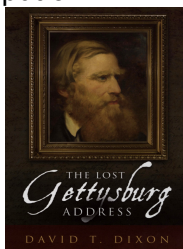
would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or e-mail cwrtnh@gmail.com.

This is the upcoming CWRT-NH schedule:

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.



March 17, 2017 ~ David Dixon - "The Lost Gettysburg Address"

April 21, 2017 ~ Gardner Shaw - "Five Months in Andersonville: A Survivor's Account"

May 19, 2017 ~ Matthew Langdon Cost "Joshua Chamberlain and the Civil War: At Every Hazard" (book)

June 16, 2017 ~ TBA

July & August ~ no meeting - summer break

September 15, 2017 ~ Christopher Gwinn (Chief of Interpretation and Education at Gettysburg National Military Park) topic - TBD

Lamprey Rivers Advisory Committee Floodplains: Plainly Important to River Integrity

Floodplains are defined as low-lying areas adjacent to rivers that are periodically flooded. In southern New Hampshire, floodplains occur up to 20 feet above the normal river height. They tend to be vegetated with wetland forest, dense shrubs,

and open meadows. Oxbows (former river curves) and vernal pools are common along floodplains. The floodplain soils are usually composed of dark, fertile sediment interspersed with layers of sand.



Photo by Ben Kimball, NH Division of Forest and Lands www.nhdfl.org

This photo of a floodplain along the Merrimack River in Concord clearly shows where the flood water has left muck on the trees.

The trees that thrive on floodplains have adapted to occasional excess water: red maples, silver maples, black ash, black cherry, swamp white oak, sycamore, river birch, muscle wood, and American elm. Some of the more noticeable understory plants are vibrant red cardinal flowers and various ferns. Because the flood plains are wet and tend to be thickly vegetated, hiking can be difficult.



*Cardinal flower at Mary Blair Park in Epping
Photo by S. Petersen*

In their natural state, floodplains provide excellent habitat and travel corridors for many uncommon animals. For people, these areas provide important water cleansing services as well as water storage that helps to lessen effects of flooding downstream. According to the NH Department of Environmental Services, the "Lamprey River ... contains the most extensive

minor river floodplain forests of red maple/shrubs in the state."

Because of the rich soil and proximity to rivers, many floodplains have been subjected to clearing and filling for agriculture, residences, and other forms of development. As is often the case, such modifications of the natural environment come at a heavy cost, both to nature and to people. People who clear floodplains for agriculture often create conditions that increase the risk of major soil loss during floods. The soil is picked up and carried away, and then deposited elsewhere downstream or in Great Bay. Houses and other structures built in the floodplain are exposed to repeated flooding. That nice view of the river **from** the living room can easily become the nightmare of the river **in** the living room. The people who build in the floodplain pay a heavy price and so do the people who live downstream and must face even more water.

The plain and simple truth is, floodplains are an important feature of the river and are worth leaving alone.

Small Grants Program

Do you have a BIG idea for a Small Grant? Once again, the Lamprey Rivers Advisory Committee is offering grants up to \$5000.00 to help you help us.

Are you curious about a particular person, place, or time along the river that you want to learn more about? Do you want to organize a pilot project that helps your neighbors and friends to conserve water, adopt-a-spot, repair an eroded river bank, or sponsor a Junior Rangers group? Use your imagination... how can you help share your enjoyment of nature, history, or recreation with others?

Application information and past projects are available at <http://www.lampreyriver.org/Owner/?task=Content&job=Edit&ID=344>.

A sample of past Small Grant projects:

Community improvements:

- Community Trail Plan
- Septic System Outreach
- Weed Removal Tool Lending

Videos:

- Lamprey River Volunteers
- Mary Blair Park
- Wiswall's Mills

Group Activities:

- Big Tree Tour
- Splash & Dash
- Making Rain Barrels

Art for Water
Watershed Cleanup

Studies:

- Dams of the Lamprey
- Bioinventory & Stewardship
- Canoeing Enhancement

Songbird Picnic- A Smidgen of Midges

As any fishing enthusiast knows, many aquatic insects hatch in spring and the fish are quick to respond to the bounty of food. Most birdwatchers might also be aware that these same aquatic insects are critically important to migratory birds which need to refuel during or after their long flight and to prepare for the rigors of a new nesting season. Aquatic insects such as midges are abundant earlier than most terrestrial insects. This early banquet along rivers and wetlands meets a need that cannot be met elsewhere in the habitat during this time.



Adult male Chironomus plumosus wikipedia.org

Midges, also known as chironomids, are true flies and have one set of wings. Over 10,000 different species occur worldwide in almost any kind of water, from clean open water to small polluted puddles. The adults are similar in appearance to mosquitoes, but the males have fuzzy antennae. Most important for people, most species do not bite. In fact, many adult midges do not eat at all. In New Hampshire, midges are the first aquatic insects to emerge in the spring and are also the last to emerge in the fall. Whenever they emerge, they do so en masse. Adult midges are short-lived and have two important tasks: mate and lay eggs. Even though their lives are short, they are ecologically important as a good source of food for fish, amphibians, songbirds and bats.

Many people are aware that some songbirds eat insects, while others eat berries or seeds. What

people might not know is that almost all songbird chicks, regardless of what the parents eat, need to consume insects to provide necessary proteins and fats. In fact, 96% of all songbird chicks require insects. A recent study by Cornell College of Agriculture and Life Sciences has also shown that fats from aquatic insects promote more rigorous growth and better immune responses in tree swallow chicks than the same quantity of terrestrial insects. (Cornelia W. Twining, Proceedings of the National Academy of Science, Sept. 27, 2016)



Tree Swallow Wikipedia.org

Songbirds everywhere are under enormous stress due to human development, loss of habitat and climate change. Helping songbirds is yet another reason to protect natural areas (also known as buffers) around water.



*Helping communities protect the
Lamprey River.*

Submitted by Suzanne Petersen



Epping Garden Club Annual "Pansy Bowl" Fundraiser



The Epping Garden Club will be selling NH grown bowls of gorgeous, multi-colored, Pansies for your gardens, window boxes, planters, mailbox areas and even your front steps. Leave them in their bowls or take them out and use as you like. Moms and Grandmothers will love them for Easter and they will be in bloom through October, if watered and cared for.

They will be ready around the end of March. However, after last year's weather we will

hold off a bit with hopes for a warm Easter period with all the cold weather behind us. Should you need yours early, please let me know when you mail in your check. I can get them when I am there taking photos for our Facebook page.

This year we will offer them for \$12.50 per bowl! Yes a sale, to thank you all for your continued support. The proceeds will go to help defray the cost of our bark mulch delivery.

Please mail your check to:

Epping Garden Club
9 Folsom Mill Lane
Epping NH 03042

Please check the Epping Garden Club on Facebook for updates. We will need a hand when mulch is set to be delivered and we need help to spread it on our corners.

We will also offer annuals - fresh NH Grown plants. Marigolds, petunias you name it, we may be able to get it. Do you buy flats? Ask us for our pricing. Eunice Miller – 300-0064.

Please "Like Us" on Facebook too! Thanks for your continued support.

Submitted by Eunice Miller

Outside Watering Ban in Epping

There is still a mandatory outside watering ban in effect in Epping. Epping town wells are currently at critically low levels and water conservation is very important. The Town is working hard to bring two new wells online.



Leddy Center

The 2017 season will be the Leddy Center's 43rd season. Their first production will be Neil Simon's "The Odd Couple," March 10th - 19th. It will be followed this summer by a mystery musical (name to be announced later) July 7th - 23rd and then by Mary Gatchell in Concert on September 29th. Their fall production will be "Willy Wonka," October 20th - November 5th. The season will close with Charles Dickens's holiday classic "A Christmas Carol" from December 1st-10th. We look forward with anticipation to their 2017 season.

Individual tickets are \$20 and are available online at www.leddycenter.org or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates. Leddy Center is located on Ladd's Lane, off Route 27, in Epping, NH, is air conditioned for your comfort and is fully accessible.



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, Mar. 13, 27;

Apr. 10, 24 - 7 pm

Water & Sewer – Tuesday, Mar. 7; Apr. 4 - 7 pm

Library – Tuesday, Mar. 21; Apr. 18 - 7 pm

Conservation Commission – Tuesday, Mar. 14;

Apr. 11 - 7 pm

Parks & Recreation – Wednesday, Mar. 1

(canceled); Apr. 5 - 7 pm

Budget Committee – Wednesday, Mar. 1; Apr. 19

- 7 pm

School Committee – Thursday, Mar. 2, Mar. 16; Apr.

6. Apr. 20 - 7 pm

Planning Board – Thursday, Mar. 9; Apr. 13 - 6 pm

Civil War Round Table – Friday, Mar. 17; Apr. 21 –

7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouts is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

November Pack Meeting: **Wednesday, March 15th** from 6:30 to 8:00 pm at the Epping Elementary School

December Pack Meeting: **Wednesday, April 19th** from 6:30 to 8:00 pm at the Epping Elementary School

If you would like information about joining Cub Scouts, please contact our **Cubmaster, Jeff Falkingham** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

Boy Scout Troop 136

The boys have been enjoying the winter. In January they had fun sledding at Harvey Hill. Then later in the month they attended the annual Klondike Derby at Camp Carpenter. The boys built their own sleds and competed with other troops at various tasks. They earned the fire starter award.

In February we celebrated Scout Sunday and Scout Shabbat at our individual places of worship. Then we had a great time at Hidden Valley celebrating our annual winter fun weekend. The adults treated the boys to having their meals cooked for them. Some of the boys chose to remain in the cabin and plan games due to the frigid temperatures, while others braved the cold playing

in the snow, cross country skiing and snowshoeing. They also enjoyed a movie night. What a fantastic trip!

Our schedule for March and April is:

March 9 – Committee Meeting at Epping Community Church

March 24-26 – Troop Campout at Camp Carpenter

March 27 – Spring Court of Honor at Epping Community Church

April 6 – Committee Meeting at Epping Community Church

If you have a son who is interested in Boy Scouts, please call Scoutmaster Stephen Sylvain at 682-4801.

Submitted by Pat Oumansour



Epping Fire Department

Daylight Savings Time

Daylight savings time will start on **March 12th**. Turn your clocks ahead. Please be sure to change your smoke detector and carbon monoxide detector batteries. If you need help, call the Fire Department and we will give you assistance. Smoke Detectors Save Lives! And Carbon Monoxide Detectors do, too!

Car Seat Inspector

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating schedule, please call and schedule an appointment. Deputy Chapman can be reached at 679-5446.

Burn Permits

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above. If you have any questions, please contact the Fire Department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

<http://www.nhdfi.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>

Epping Explorer Posts

Fire Department Explorer Post 716

Exploring is part of the Learning for Life program of the Boy Scouts of America. We are co-ed and welcome all youth ages 14 to 20 years of age. Our meetings are held at the Epping Safety Complex on the 2nd, 4th and 5th Thursdays 6:30 to 8:00 pm. We

are career oriented and welcome youth to check out the Fire and EMS services as a possible career.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information, please contact the station at 679-5446.

Police Department Explorer Post 714

Youth 14 and older may also join the Police Explorer Post by calling 679-5122.

American Legion News

St. Patrick's Day Dinner and Dance

The American Legion Post 51 is hosting a St. Patrick's Day Dinner and Dance featuring *The Spoke & Throttle Band* on **Saturday, March 11th**. The New England boiled dinner includes your choice of Corned Beef or Ham and all the fixings. TICKETS are on sale now. **ONLY 100 Tickets will be sold for this St. Patrick's Day Dinner that will be served between 6:00 and 7:00 pm. The tickets MUST BE purchased in advance for \$13 per person.** Please see the bartender in the Canteen at the Epping Legion. Tickets will be sold until they run out or until the cutoff date of March 7th! This ticket does include entrance to the dance that will begin at 8 pm. *The Spoke & Throttle Band* will be playing classic rock'n roll music. We expect our dance floor to be jam packed!!! If you miss out on the dinner tickets or you just want to attend the dance which starts at 8 pm, the cost is \$7/person at the door. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). All are welcome! For more information please call Judy at (434) 835-7928 or Darlene at (603) 793-6090.

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday March 12th** and **Sunday, April 9th** - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children

6 to 12 and children under six are free - worth every penny!

We will be collecting food for End 68 Hours of Hunger in Epping.

Epping Community Church

Our church service is at 9:00 am every Sunday morning. We are worshipping downstairs in the Brodhead Annex during the winter months. Come in the side entrance and we will greet you before the service. Following the service we have a coffee hour in Fellowship Hall. Sunday School is at 11:00 am for all ages including an adult class. We are located on the corner of Main and Pleasant Streets and our phone number is 679-5542.

Our search committee is continuing the process to find a new pastor for the church. We have had some wonderful interim preachers that have brought the word of God to our congregation and we are so thankful to all of them. Current time frame projects that we will have a new pastor in our pulpit in the fall.

Our 3rd Saturday dinners continue to be very popular. We serve from 5:00-6:30 pm and you can get a dinner to go if you'd like! **March 18th** we will be offering corned beef and cabbage with turnips, carrots and potatoes. We'll also have Irish soda bread and some wonderful pies. On **April 15th** we will be preparing a turkey dinner with all of the fixings. The dinners are always \$8.00 for adults and \$4.00 for children.

The Ladies Aide group at the church will be baking various kinds of pies to sell at the election. They will all be \$10.00 each. You can bring them home to enjoy or put in your freezer to enjoy later. Look for their table before they run out.

The Food Pantry continues to be very busy. We are so fortunate to have wonderful volunteers that help us to serve clients each week. Other volunteers stock shelves on Thursdays so that we are prepared for Saturday morning. The pantry is open from 8:00 -10:00 am. If you have questions you can call the church at 679-5542 and we'll return your call.

We also offer coats, hats, mittens, gloves and other cold weather gear to our clients. Thank you to all that have donated to this as well. We will box up the coats in April and put them away until next winter. We will still offer some lighter coats and sweaters in the spring.

Our Soup of the Day Café is every Thursday from 11:00-12:30. We always offer two delicious soups as well as salad, crackers, dessert and

beverage. The café is a free lunch open to everyone in the community. Please come and join us!! Because of our crazy New England weather, if the Epping Schools are delayed or canceled...the Soup Café will be closed.

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

Mass schedule weekdays:

Mon. 8:00 am **Tues, Thurs, Fri.** 7:30 am

Wed. 7:00 pm, **Sat.** 8:00 am

Mass schedule weekends:

Saturday 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

March

Mondays – Adoration – Noon to 9:00 pm

March 3rd – First Friday Adoration – 8:00 am-midnight

March 4th – First Saturday Adoration – midnight-8:00 am

March 1st – Ash Wednesday – 1st Mass at 7:30 am and 7:00 pm

March 15th – Healing Service – 7:30 pm

Mondays for 5 weeks –Biblical Roots of Mass – 6:00 pm

March 3rd-31st – Fish Dinners during Lent –5:30 pm

Fridays – Stations of the Cross – 7:00 pm

Saturdays – Confession – 2:30 pm

April

Mondays – Adoration – Noon to 9:00 pm

April 3rd – First Friday Adoration – 8:00 am-midnight

April 4th – First Saturday Adoration – midnight-8:00 am

April 7th – Living Stations of the Cross – 6:00 pm followed by Soup Supper – 6:30 pm

April 9th – Palm Sunday – Masses – 8:00 am, 10:00 am, 6:00 pm

April 13th – Holy Thursday – Mass – 7:00 pm, Adoration till midnight

April 14th – Good Friday – Confession – noon-2:45 pm, Stations of the Cross 3:00 pm, Veneration of the Cross – 7:00 pm

April 15th – Holy Saturday – Easter Vigil – 7:30 pm

April 16th – Easter Sunday – Masses – 7:30 am, 9:30 am, 11:30 am

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Their Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults. A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time. The Awana program for children age 3 through sixth grade is held on Friday nights. It helps children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant Street in Epping. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at PastorRon@EppingBible.org. Visit their website at www.eppingbible.org.

Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at www.pbcnh.org or contact us at pbsecretary410@gmail.com.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a

distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

Hours: Monday, Friday – 10 - 5

Tuesday, Wednesday, Thursday – 10 - 8

Saturday – 10 - 2

Sunday – 12 noon - 4

Upcoming Events at the Library

Art at the Library

The artwork of Epping artist Don Jalbert is on display at the library for ten weeks. Don Jalbert's artwork features the diverse landscapes and seascapes of southern New Hampshire and beyond. He also paints the various wildlife including birds and whales of the area. A reception for the exhibition was held at the library on February 10th.

The artwork of Epping artist Eunice Miller will be on display in the library starting in May. There will be a reception at 5:00 pm on May 5th.

March 10: Meditation Course

Inner Healing Practitioner Donna Corriveau is offering a course on "Self-Expression Through Meditation." Join a relaxed and creative environment, learning basic techniques of meditation. Friday from 5:30-8:30 pm. Registration at the library is appreciated: 679-5944.

March 14: Knitting and Handiwork Group

Bring your current project in knitting, crocheting, cross stitching, embroidery, hand quilting, etc. (or start a new one!) and see what other local crafters are up to. Exchange ideas, and socialize while you work. All levels of experience are welcome. Tuesday from 6-8 pm.

March 31: Brewing in New Hampshire Lecture

An informal history of beer in the Granite State from Colonial times to the present, given by

independent scholar and author Don Knoblock – 7 pm.

TBA: Library Extension – Public Meeting

Share your ideas and opinions about an extension to the library while the design for this exciting possibility is in the works. We'd love to hear what you want out of your library! Thursday at 7 pm.

In the Youth Room:

We'll continue to have Story Time on Mondays and Fridays at 11:15 am-- a new story and craft every week! Children's Yoga scheduled to resume Wednesdays at 4 pm, started 2/15.

Winter break begins February 27th and we'll have some fun activities planned for the week:

Feb. 27: Cookie Baking Party at 1 pm

Mar. 1: Jane Kelly's Birds of Prey at 11 am

Mar. 2: Dr. Seuss's Birthday Celebration: - movie screening at 11 am & 2 pm

Mar. 3: Lamprey River Conservation at 11 am

Epping Parks & Recreation

Department News

Home of the "River Otters"

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

epppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at epppingrecreation@gmail.com or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at epppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Epping Art Center

Do you draw or paint? Do you want to learn how, or learn more? On **March 11th** from 9:00 to 11:00 am at the Epping Rec. Center, there will be an inaugural meeting of the Epping Art Association. The EAA will be a source of workshops and a place to share your art with other artists from Epping and the surrounding

communities. This meeting will explain the mission and operation of this association and is free. Artist Don Jalbert, now exhibiting at the Epping Library, is the contact person.

Elementary School Programs Before & After School Program

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15-5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until **5:45 pm**. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups.

Grades K-7

6:45–8:35 am—Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days.

Call Nicole for more information at 608-9487.

Story Discoveries

Literacy based interactive programs for children ages 2-5 with an accompanying adult. Join us for songs, stories and hands-on activities at 10:00 am

on Tuesdays. Starting with songs and finger plays to help participants feel comfortable and included, Miss Tracie will read two picture books which introduce the children to a topic that is relevant to their experience in the world. Following the stories will be a fun project using a variety of art media, giving the child something to take home which will hopefully inspire further investigation and discussion of the topic. These projects can be messy, so although aprons will be available, washable play clothes are recommended. There will also be age appropriate puzzles for the preschoolers to explore as they complete their project.

"Miss Tracie" Wilkins has over 25 years of experience as an early childhood educator, having worked in preschool, kindergarten, children's museum and public library settings.

Ages: 2-5

Day: Tuesdays (ongoing)

Time: 10- 11 am

Cost: \$30 for 6 classes or \$6 drop in per week

Where: Watson Academy

How to register: Please drop in for class or mail in a Registration form.

Preschool Sports Programs

A Spring Preschool Sports Program will be offered on Friday mornings from 9:15-10:00 am for kids 3-5 years old. More information will be posted on the Rec website in late April. We will also be looking at offering an evening Preschool Sports/T-Ball program for 3-4 year olds from 5:15-6:00 pm that will run mid May-June. More information will be posted in April.

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at www.eyaa.org for sports programs offered in Epping..

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or e-mail her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

Youth Ceramics Class

Day: Thursdays

Time: 4:15-5:15 pm

Cost: \$20 for three sessions

Includes: up to 3 pieces (depending on selection), paint and brush use.

This program is ongoing so the child comes 3 times and then is completed or signs up for another 3-week session.

To register, please contact the Epping Recreation Dept. at eppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

8th – 12th Grade CIT program

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$30 for 10 nights – Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Adult Ceramics Class

Day: Thursdays

Time: 5:30-8:30 pm

Cost: \$2 per hour, plus ceramics piece of choice

Includes: Use of brushes and paints. Some glazes are extra.

Location: Watson Academy (Upstairs Blue classroom)

To register, please contact the Epping Recreation Dept. at eppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out: *Fridays, (except 3/3, 4/28); 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: Free Advance sign-up not needed

Exeter Family Morning Out *Thursdays; 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** please go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.

Epping Students in the News

Epping Students were named to the Fall 2016 Dean's List at:

Champlain College

Corey Welch

Emmanuel College

Jannet Desvira

Keene State College

Brett Couture
 Jessica Hardy
 Rachel Kaplan

NHTI, Concord's Community College

Dennette Cameron
 Olivia Kimball
 Michela Lamparelli
 Ashley Nichols

Saint Anselm College

Katelyn McCool

University of Iowa

Bradley George

University of New England

Noelle Nee
 William White

University of New Hampshire**Highest Honors**

Whitman Constantineau
 Eric Ouellette
 Margaret Weaver
 Kelly Seaman

High Honors

Casey Sturzo
 Adrianna Lamparelli
 Danielle Bennett
 Kylie Patton
 Janine Perkins

Honors

Kyle Pimentel
 Tyler Young
 Madeline Marchisio
 Kendra Swanson

University of Vermont

Olivia Batryn
 Sarah Clements

St. Thomas Aquinas High School

2nd Quarter Honor Roll for 2016-2017

Grade 9 – High Honors

Muriel Bennett

Grade 12 – High Honors

Aviana Fiore

**Epping School District News****First Annual Father Daughter Dance**

Epping's 1st annual Father Daughter Dance will be held on **Saturday, April 1st** from 6:00 to 8:00

pm in the Epping Elementary School Gym. The cost is \$15 per couple or \$20 per family (one adult with multiple daughters). The cost includes corsage, photography and refreshments.

A maximum of 150 Tickets will be available for sale.

*Cinderella's Closet is open for non-returnable donations of dresses and shoes. Donations can be made at Watson Academy Mon. – Fri. 5:00 – 5:45 pm or by e-mailing epppingrecreation@gmail.com to make alternate arrangements. The closet will be open to everyone in March for anyone wishing to browse the selection of dresses and shoes available.

EYAA to Dedicate a Field to Sue Russell

At their February 16th meeting, the Epping School Board reconsidered naming the Epping Middle School softball field for Sue Russell after learning that the Epping Youth Athletic Association plans to dedicate a field at Mary Folsom Blair Park instead. Sue, a beloved longtime Epping coach and volunteer, died in early December. After input and a proposal from the community, the Board had voted unanimously to name the Middle School softball field for Sue Russell, to commemorate her love for the sport and her impact on the Epping community.

However, since then they've learned of the EYAA plans to dedicate a field in her memory at Mary Folsom Blair Park. There was some feeling that would be more appropriate as the games she coached were played on a field at the Park.

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

March 2nd and 16th

April 6th and 20th

Epping Elementary School (EES)**EES School Calendar****MARCH****Feb. 27-**

Mar. 3 – Winter Break – no school

Mar. 6 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

Mar. 14 – **NO SCHOOL** – **Teacher Professional Development Day**

Mar. 16, 24 – Kindergarten Screenings at EES

Mar. 18 – EES Barnes & Noble Book Fair – 10 am-2 pm

Mar. 23 – Artist in Residence Afternoon Assembly, Potluck Supper-6 pm, student readings-7 pm

Mar. 29 – Music in Our School concert – 4th, 5th grades band and chorus in EMS gym 6:30 pm

APRIL

Apr. 3 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

Apr. 5 – Family Science Night – 6:00-7:30 pm for grades K, 1, 2

Apr. 8 – PTO Pancake Breakfast & Easter Bunny Pictures - 8:30-10:30 am in the EES multi-purpose room

Apr. 8 – Epping Rec. Free Easter Egg Hunt – 10:30-11:30 am on the EES Field

Apr. 24-28 – NO SCHOOL – Spring vacation

K, 1st & 2nd Grade Family Science Night

The Family Science Night will take place **Wednesday, April 5th** from 6:30-7:30 pm at the Epping Elementary School. The program starts promptly at 6:30 pm and ends at 7:30 pm. The cost is \$5.00 per student. Adults are free. The students will do a number of hands-on experiments with the help of the adults. Check-in starts at 6:00 pm. Please arrive on time to be able to participate in all experiments. Materials are reserved for students in grades K, 1 and 2. Hope to see you and your student there!

Note: Space is limited and reserved only for students who have registered with Miss Bates by Friday, March 31st.

Second Quarter Honor Roll 2016-2017

Grade 3:

High Honors:

Wyatt Allen, Lauren Anderson, Maela Baker, Khyden Colon, Taylor Comeau, Ian Cottrill, Ava Duxbury, Evie Estabrook, Matthew Falkingham, Ava Finkelstein, Isabella Foote, Kayleigh Gray, Sam Graziano, Jordan Guarente, Brody Hannon, Sean Haugh, Quinn Houtz, Parker Irving, Wyatt Jones, Jonah Katz, Brooke Lawrence, Ryan Leombruno, Logan Lewis, Aidan MacLean, Sydney MacVicar, Rachel Mazzone, Aiden Murphy, Seth Noble, Austin Ober, Jackson Pelland, Makenzie Pettis, Jeremy Quanttrini, Jack Vigliotte

Honors:

John Balukonis, Reilly Clark, Trevin Duffy, Brett Hynds, Keagan Lawrence, Angelina Leo, Haley Marden, Hannah Marshall, Andrew McNamara,

Avery O'Neil, Peyton Rines, Adam Santos, Blake Snyder, Cooper Soles, Madeline Stevens, Naomi Toomire, Jacob Tracy

Caring Eagles:

Wyatt Allen, Lauren Anderson, Maela Baker, Khyden Colon, Taylor Comeau, Ian Cottrill, Trevin Duffy, Evie Estabrook, Matthew Falkingham, Ava Finkelstein, Isabella Foote, Samantha Gomes, Kayleigh Gray, Aidan Hauenstein, Sean Haugh, Parker Irving, Brooke Lawrence, Keagan Lawrence, Angelina Leo, Logan Lewis, Sydney MacVicar, Cole Magdziarz, Haley Marden, Beckham Martin, Rachel Mazzone, Andrew McNamara, Aidan Murphy, Seth Noble, Austin Ober, Avery O'Neil, Jackson Pelland, Makenzie Pettis, Peyton Rines, Adam Santos, Blake Snyder, Cooper Soles, Madeline Stevens, Naomi Toomire, Jacob Tracy, Jeremy Quattrini, Jack Vigliotte

Grade 4:

High Honors:

Zander Beltran, Emily Carleton, Jackson Dufresne, Garrett Follansbee, Nathan Gallant, Anna Gatchell, Nev Haugh, Sawyer Idell, Nathaniel Johnson, Jim Le, Jordyn Lee, Samantha Listovitch, Tyler Morang, Adam Munguia, Sonora Newman, Mikayla Picard, John Pottle, Tiernan Sousa, Abigail Stich, Patrick Thompson, Lilyan West, Maria Wheeler, Cameron Wishart, Allison Whitesell

Honors:

Morgen Bertogli, Jackson Boelter, Eoghan Brown, Kelly Covey, Trevor DeCourcy, Evan Deloge, Hailly Demers, Leonie Dickerson, Lindsey Duffy, Lil Fawcett, Haylee Fields, Piper Gagne, Maria Guenard, Emma Hynds, Kallissa Marquez, Haley Marshall, Keira McElreavy, Hayden Miskinis, Connor Mueller, Presley Nichols, Dylan Palmisano, Jacob Purington, Jazmine Raymond, Xander Reinheimer, Kierra Souphakhot, Keith Spencer, Christopher Tagliaferro, Zachary Tessier, Landon Toomire, Piper Vetter, Madison Whitty, Reed Yates, Lilly Yergeau

Caring Eagles:

Alyssa Bartlett, Morgen Bertogli, Jackson Boelter, Eoghan Brown, Emily Carleton, Kelly Covey, Trevor DeCourcy, Leonie Dickerson, Lindsey Duffy, Emily Dufresne, Haylee Fields, Piper Gagne, Nathan Gallant, Anna Gatchell, Nev Haugh, Emma Hynds, Sawyer Idell, Nathaniel Johnson, Aubree Marcheterre, Haley Marshall, Keira McElreavy, Hayden Miskinis, Tyler Morang, Sonora Newman, Presley Nichols, Dylan Palmisano, Abigail Parenteau, Mikayla Picard, John Pottle, Jacob Purington, Jazmine Raymond, Kayla

Schumann, Kierra Souphakhot, Tiernan Sousa, Abigail Stich, Zachary Tessier, Patrick Thompson, Landon Toomire, Piper Vetter, Lilyan West, Samantha West, Maria Wheeler, Cameron Wishart, Allison Whitesell, Reed Yates

Grade 5:

High Honors:

Avie Blakney, Dylan DuLong, Isabella Greubel, Amelia Harper, Wyatt Idell, Chanah Katz, Shawna Lin, Lillian Long, Autumn Loving, Sarah McTague, Casey Morin, Autumn Patterson, Annabelle Shumway, Eva Simpson, Charlize Stevens, Jacob Twombly, Delaney Yates, Ryan Zheng

Honors:

Ayla Bennett, Jessica Brassil, Burton Campbell, Elysia Cancel, Daniel Ciriello, Robert Currier, Abby Deary, Colin Hallinan, Myleigh Martin, Maelie McAniff, Malaney McAniff, Aden Rossel, Skyler Simard, Aria Smith, Logan Snyder, Jasmine Terrio

Caring Eagles:

Nikki Albro, Robbie Bizzaro, Avie Blakney, Jessica Brassil, Abby Deary, Dylan DuLong, Isabella Greubel, Amelia Harper, Tyler Howe, Wyatt Idell, Lauren Johnson, Chanah Katz, Cooper Lawrence, Shawna Lin, Lillian Long, Autumn Loving, Myleigh Martin, Maelie McAniff, Malaney McAniff, Sarah McTague, Autumn Patterson, Rachel Peirce, Hermione Porter, Aidan Rossel, Skyler Simard, Eva Simpson, Charlize Stevens, Annabelle Shumway, Logan Snyder, Jasmine Terrio, Jacob Twombly, Delaney Yates, Ryan Zheng

Epping Middle School (EMS)

S-P-E-L-L-I-N-G BEE



From left to right: Abby Walsh and Ashlyn Idell

Congratulations to this years' winner, Ashlyn Idell and our runner up, Abby Walsh for winning this year's Spelling Bee. Ashlyn won this year's bee with the word - infuriating. Our winner will participate in the State Spelling Bee sponsored by the NH Union Leader, February 25th at the Capitol Center for the Arts in Concord, NH.

EMS at Vertical Dreams



Epping Middle School Students visit Vertical Dreams in Manchester for a night of indoor rock climbing.

Scholastic Art Awards of New Hampshire



Our artists from left to right: Will Morasco, Ryan McVicar, Alexa Guarente, Collin Finney

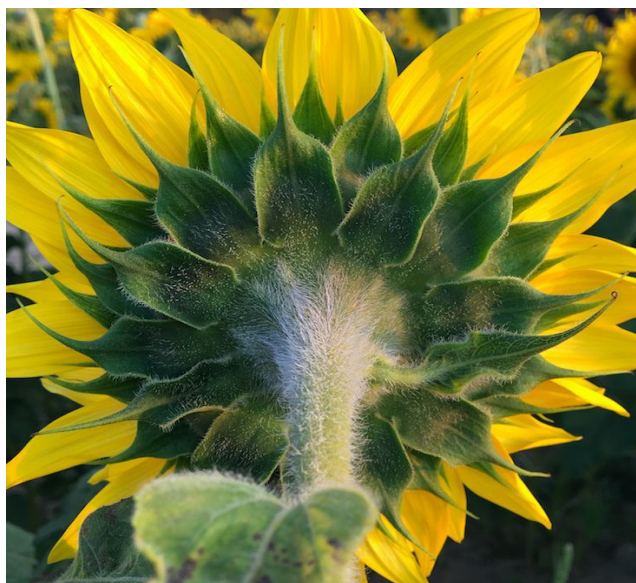
Congratulations to the following students who have received recognition from the 2016 Scholastic Art Awards of New Hampshire.

Collin Finney
GOLD KEY AWARD
Ryan MacVicar
GOLD KEY AWARD
Alexa Guarente
GOLD KEY AWARD

Digital Art
Photography
Painting

Ryan MacVicar	Photography
TWO KEY SILVER AWARDS	
Will Morasco	Painting
HONORABLE MENTION	
Will Morasco	Mixed Media
HONORABLE MENTION	

"Back side of the Sun" photography Ryan MacVicar Gold Key



Second Quarter Honor Roll

We are so proud of our students for setting and achieving such high academic goals.

Grade 6: Highest Honors Work Habits/Effort:

Aiden Dyer, Sophia Morang, Miriam Peck, Luke Snyder

Highest Honors in Learning:

Kaelin Beattie, Cooper Bernier, Aiden Dyer, Kaylin Hennessy, Daniel Johnson, Nathan McTague, Sophia Morang, Miriam Peck, Luke Snyder

Honors in Learning:

Brooke Bacon, Sophia Bade, Devan Bartlett, Christel Bellen, Maddison Beltran, Ta'lisha Burnett, Austin Clark, Aidan Colban, Jacob Coman, Jared DeCourcy, Jessica Duran-Chongo, Brendon Follansbee, Allison Galante, Christian Ginsberg, Olivia Gosselin, Samuel Gosselin, Leah Hackett, Owen Horton, Brady Lewis, Jillian Mallett, Mackenzie Milbury, Madison Milliken, Pacy Morgado, Brooke Needham, Lindsey Parents, Maiya Poloian, Ella Pottle, Brady Powicki, Haley Ross, Annalee Roy, Carly Sanborn, Olivia Sousa, Christopher Sullivan, Bella Tessier, Alexa Williamson, Aaron Wyatt

Grade 7:

Highest Honors Work Habits/Effort:

Melissa Daigle, Jade Gagnon, Michael Picard

Highest Honors in Learning:

Sarah Brassil, Melissa Daigle, Trey Finkelstein, Jade Gagnon, Elizabeth Hobbs, Jacob Loving, Aryana Patnaude, Michael Picard, Haley Williamson, Morgan Witmer

Honors in Learning:

Kaitlyn Boelter, Dylan Comeau, Bailey Fenstermacher, Ella Fenstermacher, Jessica Galante, Tylor George, Alexander Greubel, Zachary Hodgman, Emily Kelly, Ciretta MacKenzie, Stamatis Maschas, Patrick McTague, David Meyer, Wyatt Noel, Kevin O'Connell, Zachary Orthman, Mikhail Ozols, Abigail Purchas, Gracie Re, Zachary Rogers, Maxwell Simpson, Domenic Spinelli, Rachel Swanson, Molly Tessier, Jacklyn Tracy

Grade 8:

Highest Honors in Learning:

Alexa Guarente, Peter McTague, Jenna Needham, Cassidy Wall, Abigail Walsh

Honors in Learning:

Alexa Bade, Vanessa Clark, Joshua Coolidge, Tyson Dionne, Nicholas Greubel, Kalee Hill, Trevor Hovey, Ashlan Idell, Katrina Jennings, Jack LePage, Erika MacLeod, Ryan MacVicar, Mackenzie McAniff, Dillon McKenzie, Jack Meyer, Benjamin Milbury, Taya Morgado, Meaghan Murphy, David Parents, Ciara Patey, Luke Rossel, Emma Roussel, Abigail Roy, Amara Stevens, Haleigh Sullivan, Sean Thornton Jr., Madelin Walsh, Megan Webber, Alexander Wyatt

Epping High School (EHS)

Second Quarter Honor Roll

Epping High School announces its Honor Roll for the Second Quarter of the 2016/2017 school year. Congratulations to the following students:

9th Grade:

Principal's List:

Mikayla Berger, Calle Bisailon, Avalon Brown, Laura Duguie, Reese Idell, Samantha Johnson, Keyghan Lewis, Trey Loving, Oakley Lustenberger, Karissa Martin, Olivia Parents, Hayley Pellitier, Jacob Van Amburgh, Victor Waddell, Faith Williamson, Joey Zheng

Honors:

Hannah Armstrong, Noah Bilodeau

Honorable Mention:

Epping Calendar of Events for March 2017

Feb. 27-March 3	NO SCHOOL – Winter Vacation
March 1	Jane Kelly's Birds of Prey at the Library – 11 am
March 1	Providence Baptist Church Food Pantry – 10 am
March 2	Friends of the Library in the Youth Room – 7 pm
March 2	Epping School Board meeting in Epping Town Hall – 7 pm
March 2	Dr. Seuss's Birthday Celebration at Library – movie screenings at 11 am and 2 pm
March 3	Lamprey River Conservation at the Library – 11 am
March 4	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 6	EES PTO meeting – 7 pm
March 8	Providence Baptist Church Food Pantry – 10 am
March 8	New Book Group at Library – 7 pm
March 9	Epping Seniors meet at Watson Academy – 1 pm
March 10	Meditation Course at the Library – 5:30-8:30 pm
March 10-19	"Odd Couple" at the Leddy Center
March 11	Inaugural meeting of the Epping Art Association at Rec center – 9-11 am
March 11	American Legion St. Patrick's Dinner/Dance – Dinner at 6 pm, Dance at 8 pm
March 11	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 12	DAYLIGHT SAVINGS BEGINS – SET CLOCKS AHEAD!!
March 12	American Legion Post 51 Sunday Breakfast Buffet – 8:00-11:00 am
March 14	VOTE!! Town Voting at EMS Gym from 8 am to 7 pm
March 14	NO SCHOOL – Teacher Professional Development Day
March 14	Epping Community Church Ladies Aide selling pies for \$10 at EMS during voting
March 14	Knitting and Handiwork Group at the Library – 6-8 pm
March 15	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
March 15	Dusty Old Mystery Book Club at the Library – 7 pm
March 15	Providence Baptist Church Food Pantry – 10 am
March 16	Epping School Board meeting in Epping Town Hall – 7 pm
March 16	EES Kindergarten Screenings (Call 679-8018 if screening date needed)
March 17	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
March 18	EES National Honor Society Barnes & Noble Book Fair at Fox Run Mall – 10 am-2 pm
March 18	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 18	Epping Community Church Dinner "Corned Beef & Cabbage dinner" – 5:00-6:30 pm
March 21	Library Board of Trustees Meeting – 7 pm
March 22	Providence Baptist Church Food Pantry – 10 am
March 23	Artist in Residence afternoon assembly, potluck supper – 6 pm, student readings – 7 pm
March 24	EES Kindergarten Screenings (Call 679-8018 if screening date needed)
March 24-26	Boy Scout Campout at Camp Carpenter
March 25	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 27	Boy Scout Court of Honor at Epping Community Church
March 29	Providence Baptist Church Food Pantry – 10 am
March 29	EES Music in Our School concert- Grades 4, 5 band and chorus in EMS gym- 6:30 pm
March 31	Brewing in NH Lecture at the Library – Don Knoblock – 7 pm

Epping Calendar of Events for April 2017

Date	Event
April 1	First Annual Father-Daughter Dance in EES gym – 6-8 pm
April 1	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 3	EES PTO meeting – 7 pm
April 5	Providence Baptist Church Food Pantry – 10 am
April 5	EES Family Science Night for Grades K, 1 and 2 – 6:00-7:30 pm
April 6	Epping School Board meeting in Epping Town Hall – 7:00 pm
April 6	Friends of the Library in the Youth Room – 7 pm
April 8	EES PTO Pancake Breakfast and Easter Bunny pictures -8:30-10:30 am
April 8	Epping Rec free Easter Egg Hunt on EES Field – 10:30-11:30 am
April 8	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 9	American Legion Post 51 Sunday breakfast – 8:00-11:00 am
April 12	Providence Baptist Church Food Pantry – 10 am
April 12	New Book Group at Library – 7 pm
April 13	Epping Seniors meet at Watson Academy – 1 pm
April 15	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 15	Epping Community Church Dinner “ Roast Turkey dinner” – 5:00-6:30 pm
April 18	Library Board of Trustees Meeting – 7:00 pm
April 19	Cub Scout Pack Meeting at Epping Elementary School – 6:30-8:00 pm
April 19	Providence Baptist Church Food Pantry – 10 am
April 19	Dusty Old Mystery Book Club at the Library – 7 pm
April 20	Epping School Board meeting in Epping Town Hall – 7 pm
April 21	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
April 22	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 22	Lamprey River Canoe Race
April 25	DEADLINE DATE for the May-June issue of the Newsletter
April 26	Providence Baptist Church Food Pantry – 10 am
April 29	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 24-28	NO SCHOOL – Spring Vacation

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at helmstetter@comcast.net by **April 25, 2017**. Please include the date, event name, location and time.